



Environmental Cleaning & Disinfecting for MRSA

Laundry

Effectiveness of Routine Laundry Procedures

Routine laundry procedures, detergents, and laundry additives will all help to make clothes, towels, and linens safe to wear or touch. If items have been contaminated by infectious material, these may be laundered separately, but this is not absolutely necessary.

Proper Water Temperature for Laundry

Read and follow the clothing and soap or detergent label instructions. Water temperatures for household laundry depend on the type of fiber or fabric of the clothing. In general, wash and dry in the warmest temperatures recommended on the clothing label. Also some modern laundry detergents are made to clean best at certain temperatures. Not following instructions could damage the clothing item or decrease the effectiveness of the detergent.

Hot Water Washing and Drying

Hot water washing is not necessary for all household laundry. Read and follow the clothing and soap or detergent label instructions. Wash and dry clothing in the warmest temperature listed on the clothing label.

Using Bleach for Laundry

It is not necessary to use bleach for each load of laundry. Clean laundry produced by washing with detergent alone will be safe for wear and use. Use of bleach as a disinfectant in laundering is optional, and not all fabrics are suitable for bleach. Read the clothing label instructions.

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